

# Intro to R and R Markdown

07/03/2020

# Overview: Goals & exercises

- Learn the basics of the R programming language



## 1. Create new R project



## 2-3. Create & edit helper.R

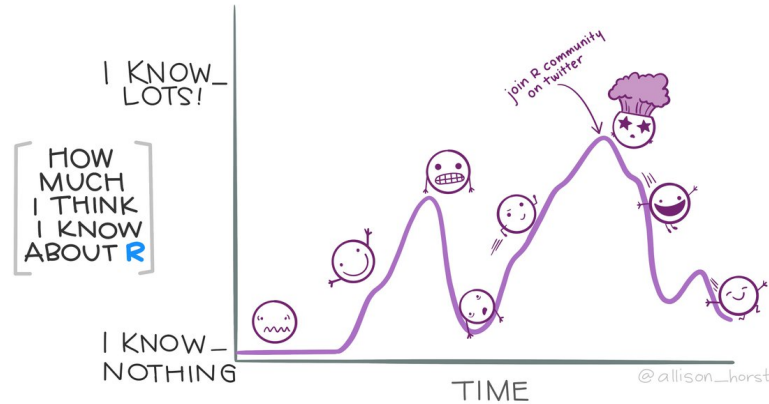
- Learn the basics of Markdown writing
- Learn how to combine R code and markdown text to create RMarkdown documents



## 4-6. Create, edit, and compile .Rmd file

# Don't worry

 **Allison Horst** @allison\_horst · Dec 4, 2019  
Knowing so little never felt so fun. #rstats



 **C.B. Standelmore**  
@bankingonbardo

The funniest thing about this is that the time scale could be one day or the past 5 years.

♡ 18 12:44 PM - Dec 4, 2019 ⓘ

 [See C.B. Standelmore's other Tweets](#) >

*p.s. [Allison Horst's R illustrations are amaaaazing](#) and I will be using them throughout.*



Tool/interface to  
make it easy to  
work with R.



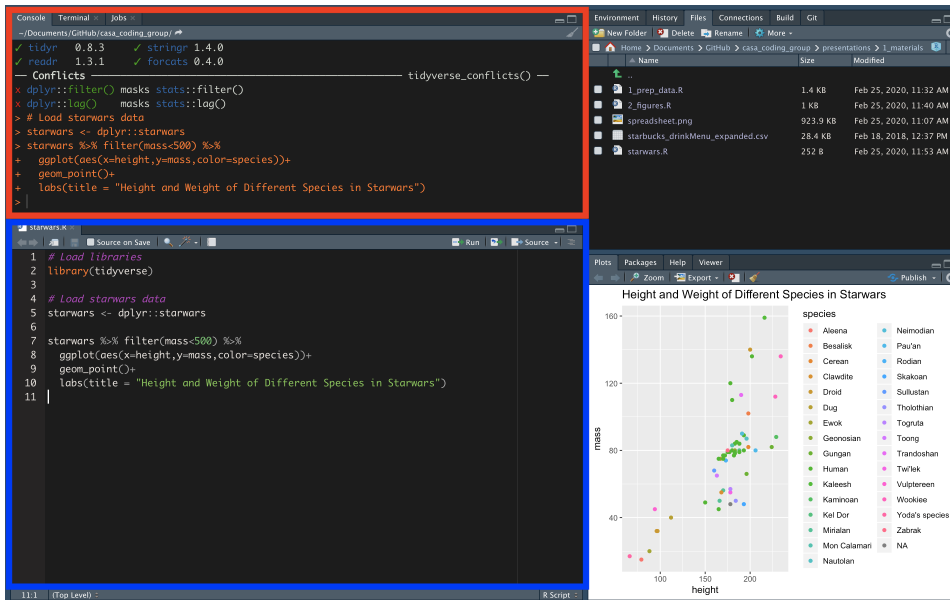
Programming  
language



Package designed  
to integrate text &  
R code

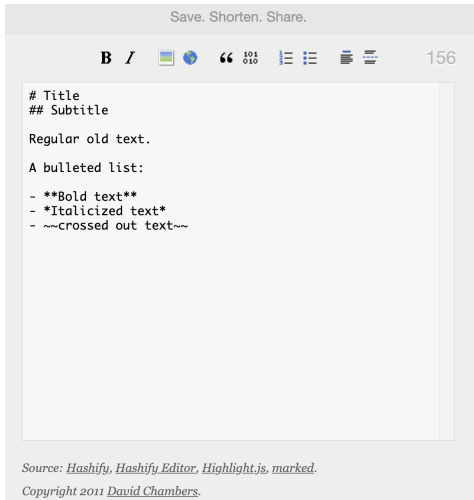


## Recap: Console and script panes in RStudio



- **Console:** Run code, see print outs, see warnings, messages, and errors
- **Source:** Run code from a script. Multiple scripts can be open at once.

# What is “Markdown?”



## Title

### Subtitle

Regular old text.

A bulleted list:

- **Bold text**
- *Italicized text*
- ~~crossed out text~~

[Hashify.me](http://Hashify.me)

- Simple syntax that allows you to add tags to plain text to format it
- Originally designed to be HTML replacement
  - Easier to learn and easier to read
- “Minimalist writing system”

[Lifehacker: What is markdown and why is it better for my to do lists and notes?](#)

# What is R Markdown?

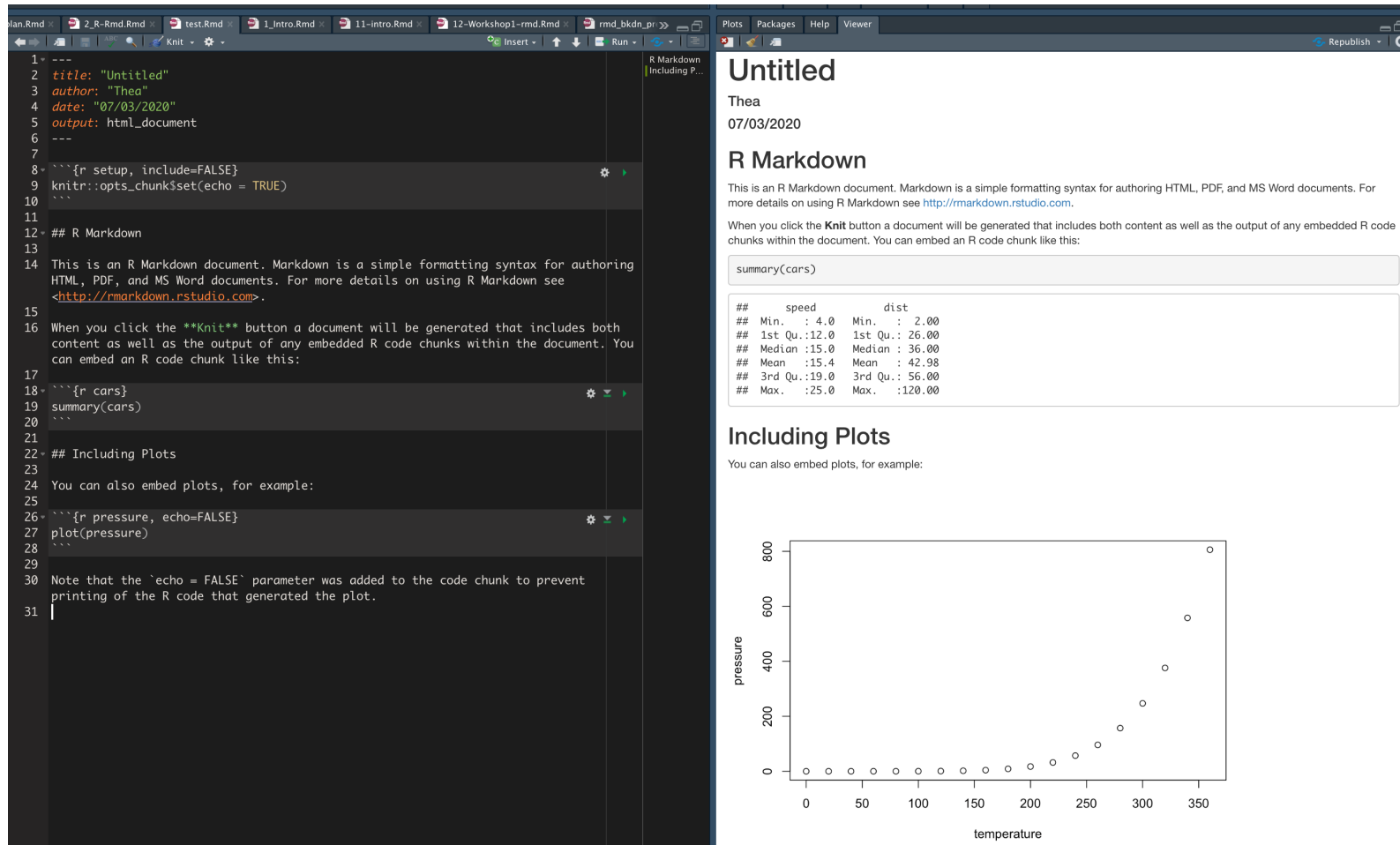


<https://rmarkdown.rstudio.com/>

- Integrate R code directly into your writing using basic Markdown syntax
- Reference management integration
- Reproducibility
- Accessible learning curve

✎ Very useful for writing summary reports, articles, etc.

# R Markdown



The screenshot displays the RStudio interface with an R Markdown document open. The left pane shows the source code, and the right pane shows the rendered HTML output.

**Source Code (Left Pane):**

```
1 ---
2 title: "Untitled"
3 author: "Thea"
4 date: "07/03/2020"
5 output: html_document
6 ---
7
8 ```{r setup, include=FALSE}
9 knitr::opts_chunk$set(echo = TRUE)
10 ```
11
12 ## R Markdown
13
14 This is an R Markdown document. Markdown is a simple formatting syntax for authoring
15 HTML, PDF, and MS Word documents. For more details on using R Markdown see
16 <http://rmarkdown.rstudio.com>.
17
18 When you click the Knit button a document will be generated that includes both
19 content as well as the output of any embedded R code chunks within the document. You
20 can embed an R code chunk like this:
21
22 ```{r cars}
23 summary(cars)
24 ```
25
26 ## Including Plots
27
28 You can also embed plots, for example:
29
30 ```{r pressure, echo=FALSE}
31 plot(pressure)
32 ```
33
34 Note that the `echo = FALSE` parameter was added to the code chunk to prevent
35 printing of the R code that generated the plot.
```

**Rendered HTML (Right Pane):**

## Untitled

Thea  
07/03/2020

### R Markdown

This is an R Markdown document. Markdown is a simple formatting syntax for authoring HTML, PDF, and MS Word documents. For more details on using R Markdown see <http://rmarkdown.rstudio.com>.

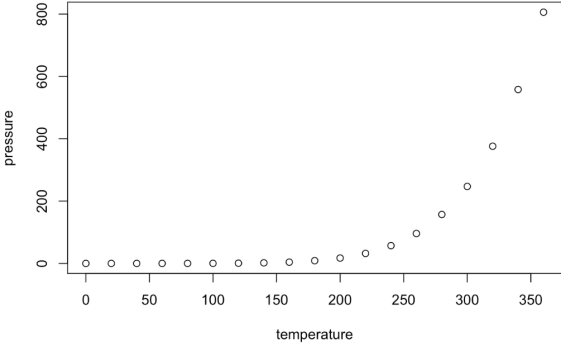
When you click the **Knit** button a document will be generated that includes both content as well as the output of any embedded R code chunks within the document. You can embed an R code chunk like this:

```
summary(cars)
```

|            | speed | dist   |
|------------|-------|--------|
| ## Min.    | 4.0   | 2.00   |
| ## 1st Qu. | 12.0  | 26.00  |
| ## Median  | 15.0  | 36.00  |
| ## Mean    | 15.4  | 42.98  |
| ## 3rd Qu. | 19.0  | 56.00  |
| ## Max.    | 25.0  | 120.00 |

### Including Plots

You can also embed plots, for example:



The plot shows a positive correlation between temperature and pressure. The x-axis is labeled 'temperature' and ranges from 0 to 350. The y-axis is labeled 'pressure' and ranges from 0 to 800. The data points are represented by open circles.

We're going to make this today!



Intro to



# R Packages & Libraries

**Packages** are bundles of code written to do (typically) specific sets of functions

- Some packages are automatically downloaded and loaded into your workspace when you install R (`base`, `utils`, etc...) or R Studio (`rmarkdown`)
- Others you have to explicitly download
- Many packages are hosted on CRAN - this is the official “home” of peer-approved packages
  - These can be installed using the function `install.packages()`.

```
install.packages("tidyverse")
```

# R Packages & Libraries

## Non-CRAN packages

- Other packages are not hosted on CRAN - many of these are excellent, but some may be less reliable.
  - Many of these are hosted on GitHub.com
  - These usually have to be installed using a function `install_github()` which is part of the `remotes` package.

```
# install.packages("remotes")  
# This installs the "emo" package for easy emoji use  
remotes::install_github("hadley/emo")
```

# Libraries

- “Library”: where your R packages live after install (automatic location)
- “Load packages” with `library()` function to *use* a package.

```
# load the tidyverse package
# expect a bunch of output messages (this is normal)
library(tidyverse)
```

```
## — Attaching packages ————— tidyverse 1.2.1 —
```

```
## ✓ ggplot2 3.2.1      ✓ purrr  0.3.3
## ✓ tibble  2.1.3      ✓ dplyr  0.8.3
## ✓ tidyr   0.8.3      ✓ stringr 1.4.0
## ✓ readr   1.3.1      ✓ forcats 0.4.0
```

```
## — Conflicts ————— tidyverse_conflicts() —
```

```
## x dplyr::filter() masks stats::filter()
## x dplyr::lag()    masks stats::lag()
```

# What can you do with R code?

Use it like a calculator

```
3 + 2
```

```
## [1] 5
```

```
10^4
```

```
## [1] 10000
```

```
4*100
```

```
## [1] 400
```

# What can you do with R code?

Print information to the console

```
print("Hello!")
```

```
## [1] "Hello!"
```

```
print(3*5)
```

```
## [1] 15
```

# What can you do with R code?

Create new objects

*Read the following as “x is equal to 5”*

```
x <- 5
```

*And we can now type x in the console to see its value*

```
x
```

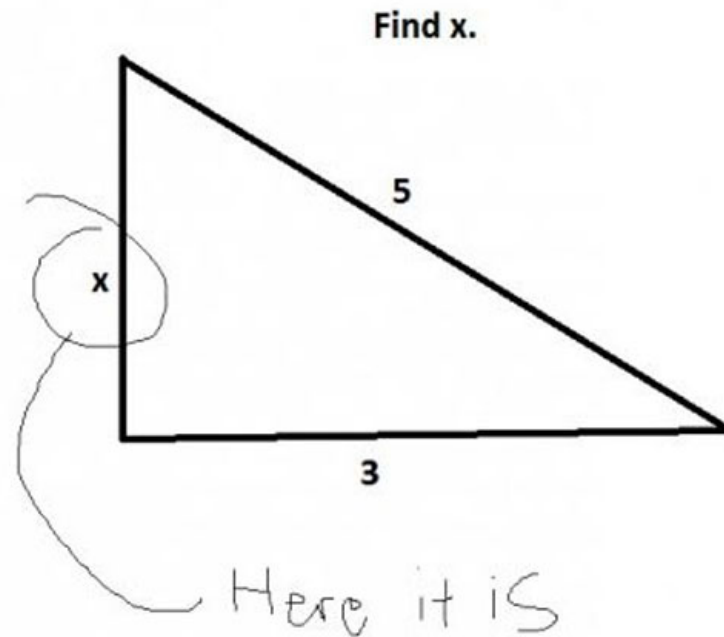
```
## [1] 5
```

x is now a **variable** that is set to the value of the number 5.

# Variables

**Variable:** a symbol that stores/represents some other *value* or set of values.

Think of variables as containers.





# Variable assignment

Variables get **assigned** their value in R with a left arrow `<-`

**Numeric variables** represent numbers

```
x <- 5
```

This means the value of the variable we have named `x` is equal to 5.

**String variables** represent “strings” of text. Text has to be enclosed in quotes  
“ ”

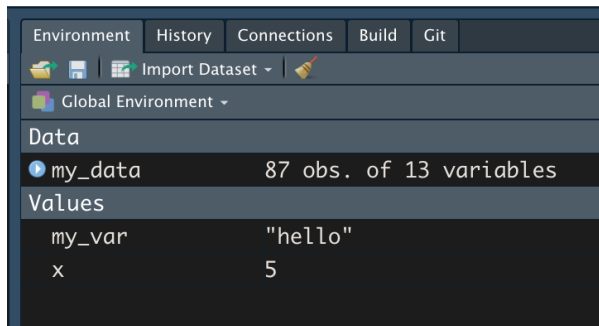
```
my_var <- "hello"
```

This means the value of the variable `my_var` is equal to the text “hello”.

# Variable assignment

Variables don't just hold numbers and text - they can hold sets of numbers/text, lists of various kinds of information, and whole data sets!

When you create a new variable in R, you will see it in your Environment pane.



# What do I name my variables?

# Best practices in naming your variables

In R, it's pretty flexible. Not as flexible in other languages (*\*cough\* Praat \*cough\**)

*Some suggestions*

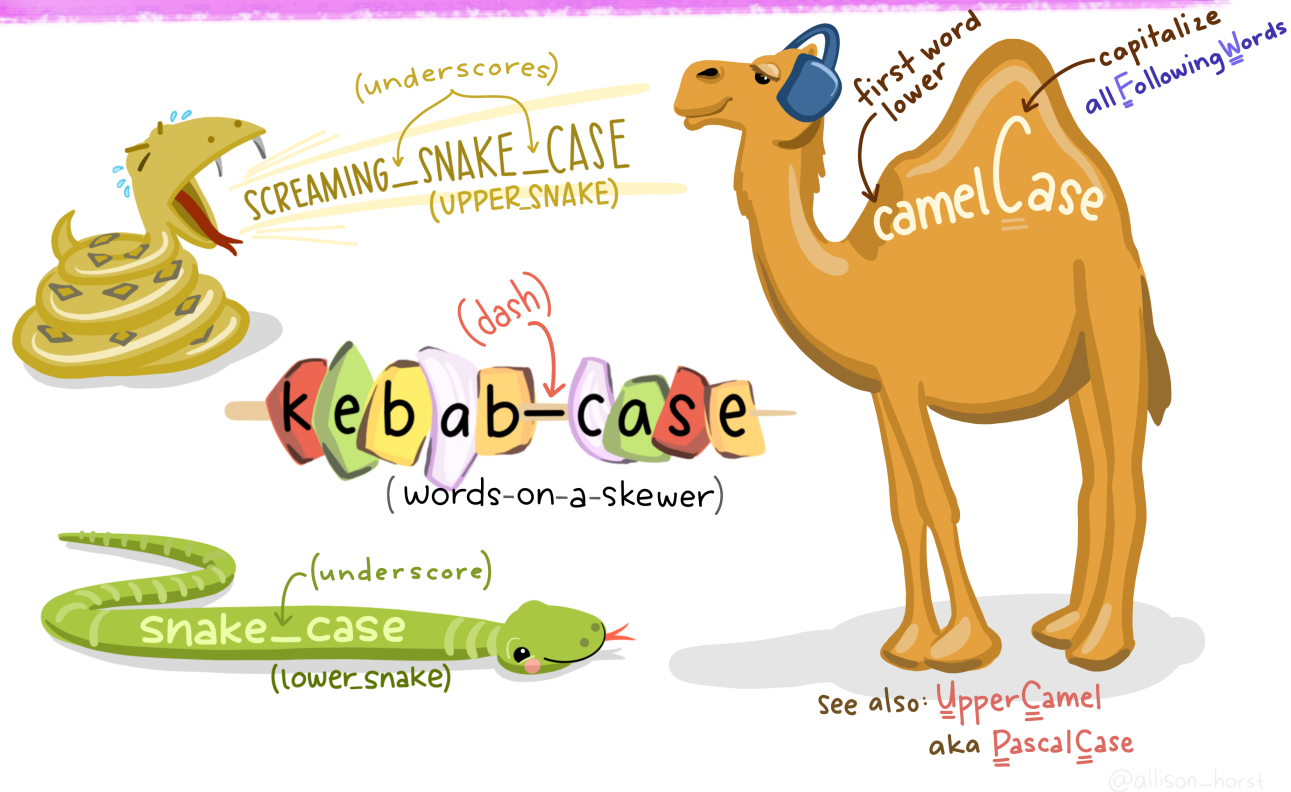
Try your best to...

- Be descriptive
- Be consistent in your content
- Be consistent in your case (camel/snake/etc)

*i\_like\_snake\_case* but some people *likeCamelCase* and others may *like-kabob-case*,

# Variable names: Choose your case

in that case...



<https://github.com/allisonhorst/stats-illustrations>

# Variable names: Not okay

## General rules:

| Not allowed        | Why                                                                                  |
|--------------------|--------------------------------------------------------------------------------------|
| 1abc               | Starts with a number                                                                 |
| intelligibility%   | Contains a special character like !@#\$%^&*, etc.                                    |
| .1my_var           | Starts with a period followed by a number (.1                                        |
| _my_var            | Starts with an underscore (_)                                                        |
| special characters | Some words have special meaning to R and you shouldn't overwrite them (e.g., "mean") |

---

# Variable names: Better

| Allowed                  | Good because                      | Bad because               |
|--------------------------|-----------------------------------|---------------------------|
| x                        | short, lowercase                  | Not meaningful            |
| intelligibility_scores   | meaningful, easy to remember      | Takes a long time to type |
| int_mean                 | meaningful, short                 | 🤖                         |
| int_mean_pd, int_mean_hc | meaningful, shortish, descriptive | A bit long                |

# Beware of typos!

```
my_var <- 5
```

```
My_var
```

```
## Error in eval(expr, envir, enclos): object 'My_var' not found
```

```
myVar
```

```
## Error in eval(expr, envir, enclos): object 'myVar' not found
```

```
my_var
```

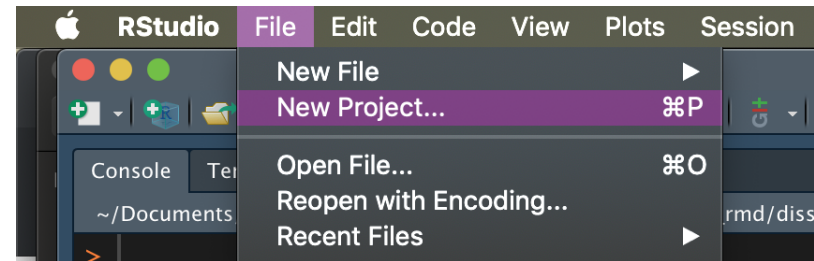
```
## [1] 5
```



# Getting started: R Projects

[R Projects](#) make project management really simple. For every new project you embark on, creating a new .RProj file. Open that .RProj file whenever you're ready to work on that project, and it will:

- Provide easy access to the directory
- Restore your last RStudio session from that project
- Provide access to your R history from your last session





# Exercise 1

1. Create a new R Project for this group
2. Create a new R script: helper.R
3. Include the following lines:

```
# Load libraries ----  
# install.packages("tidyverse")  
library(tidyverse)
```

```
x <- 5  
y <- x*10  
my_var <- "hello"  
  
y
```

```
## [1] 50
```



## Exercise 2

Try running some code...

- From the script (Cmd or Ctrl + Enter to run the line your cursor's on)
- From the console (type code + hit enter)

Create some new variables

- Run them in the script
- Call them in the console

# Types of objects in R

## 1. Numeric

```
1, 198758, 10^6, pi, abs(-6)
```

## 1. Strings: collection of characters, e.g...

```
"abc", "the rainbow is a division of white light", "12345", "$%^&"
```

## 1. Factors: categorical variables. Make up a finite set.

```
"Blue" "Green" "Red"
```

## 1. Logicals: special kind of factor that only has two values

```
TRUE vs FALSE, 0 vs 1
```

# Types of data structures

[Good explanation here](#)

1. **Vectors:** collection of similar elements (numbers, characters, factors, etc..).  
1 dimensional

```
# This vector contains 3 numeric components  
c(1, 100, 1000)
```

1. Matrices: 2D arrangement of vectors
2. Lists: Can hold lots of different element types
3. Arrays: Vectors with 1 or more dimensions
4. **Data frames:** collections of vectors

We will mostly use data frames. More on those in a minute...

# Comments

- In R scripts, any line of code preceded by a hashmark (#) is not *evaluated* (i.e., it's ignored)
- You can write notes to your future self this way
- To comment out a block of code, select it and type Cmd (or Ctrl) + Shift + C

```
# This line is a comment to myself.  
# Set x equal to 0  
x <- 0  
# Now add 1 to the value of x  
y <- x+1
```

# Functions

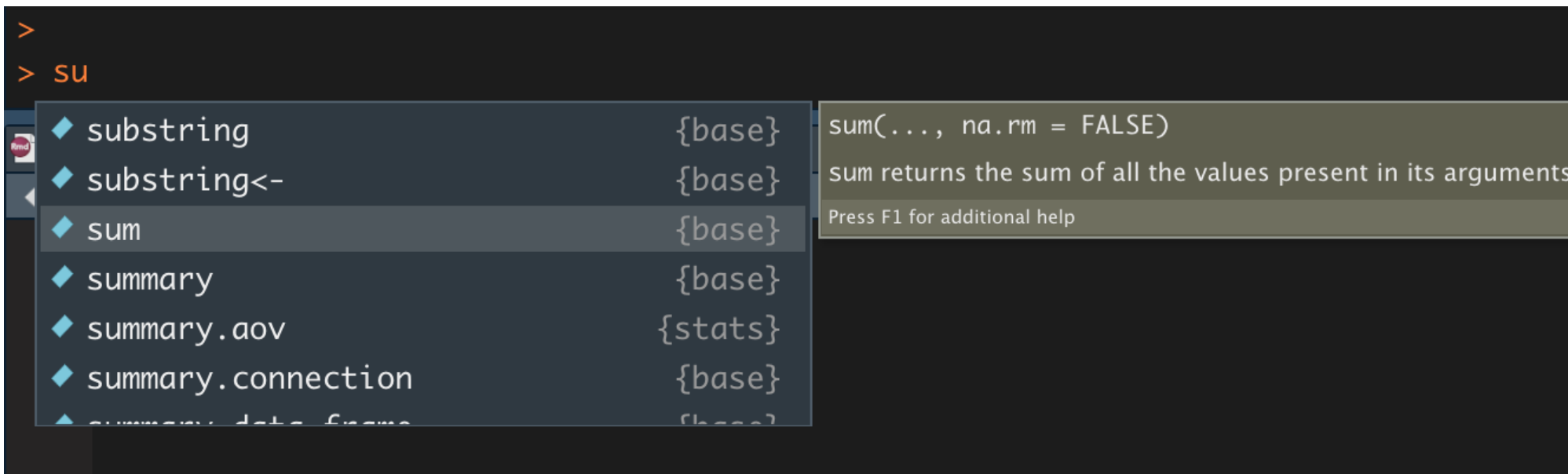
**Functions:** A certain named format of code that outlines a procedure. Often this allows several lines of code to be executed with a single line of code (by using the name of the function)

- In other words, functions are **actions**.
- Most functions take **arguments**
  - What do you want to act on?

# Calling functions

`function_name(argument1, argument2, ...)`

- In R Studio, if you start typing the name of a function and hit tab, you will get a pop up with possible options.
- Within the () of the function, pressing tab will help you add the arguments.



The screenshot shows the R Studio interface. In the console, the command `> su` has been entered. A dropdown menu is visible, listing several functions that start with 'su': `substring`, `substring<-`, `sum`, `summary`, `summary.aov`, `summary.connection`, and `summary.data.frame`. The `sum` function is currently selected. To the right of the dropdown, a tooltip for the `sum` function is displayed, showing the syntax `sum(..., na.rm = FALSE)` and the description 'sum returns the sum of all the values present in its arguments'. It also includes the instruction 'Press F1 for additional help'.

```
>  
> su
```

|                    |         |
|--------------------|---------|
| substring          | {base}  |
| substring<-        | {base}  |
| sum                | {base}  |
| summary            | {base}  |
| summary.aov        | {stats} |
| summary.connection | {base}  |
| summary.data.frame | {base}  |

sum(..., na.rm = FALSE)  
sum returns the sum of all the values present in its arguments  
Press F1 for additional help



# Looking at data: A spreadsheet perspective

Most of us are used to looking at data in the form of a spreadsheet.

- Named columns with many rows
- Each row usually represents one observation

*See `simulated_vot_data.csv`*

# Looking at data: A spreadsheet perspective

My usual workflow:

- Collect data in spreadsheet.
- Load spreadsheet data into R as a **data frame**.
- Do all other data manipulation and analyses in R.
- Never touch the raw data again.

# Looking at data

**Tidy data** = data that makes data analysis easy

| Storage    | Meaning     |
|------------|-------------|
| Column     | Variable    |
| Row        | Observation |
| Data frame | Data set    |

# Looking at data

To access individual columns, use the `$` operator

```
my_data$Participant
```

To peak at the first 6 rows of the data, use the `head()` function

```
head(my_data)
```

| ##   |          | VOT | Participant | Item  | Condition |
|------|----------|-----|-------------|-------|-----------|
| ## 1 | 43.37020 |     | subj1       | item1 | Slow      |
| ## 2 | 39.11875 |     | subj1       | item2 | Fast      |
| ## 3 | 34.18235 |     | subj1       | item3 | Slow      |
| ## 4 | 30.46931 |     | subj1       | item4 | Fast      |
| ## 5 | 19.98014 |     | subj1       | item5 | Slow      |
| ## 6 | 37.17107 |     | subj1       | item6 | Fast      |

# Looking at data

We can also look at subsets of data

```
subset(my_data, Condition=="Fast")
```

| ##    | VOT        | Participant | Item   | Condition |
|-------|------------|-------------|--------|-----------|
| ## 2  | 39.1187515 | subj1       | item2  | Fast      |
| ## 4  | 30.4693097 | subj1       | item4  | Fast      |
| ## 6  | 37.1710733 | subj1       | item6  | Fast      |
| ## 8  | 46.9807138 | subj1       | item8  | Fast      |
| ## 10 | 28.4736995 | subj1       | item10 | Fast      |
| ## 12 | 38.3584361 | subj1       | item12 | Fast      |
| ## 14 | 26.1054615 | subj1       | item14 | Fast      |
| ## 16 | 31.6125367 | subj1       | item16 | Fast      |
| ## 18 | 47.1704913 | subj1       | item18 | Fast      |
| ## 20 | 41.2946820 | subj1       | item20 | Fast      |
| ## 22 | 31.3528478 | subj1       | item22 | Fast      |
| ## 24 | 34.6233935 | subj1       | item24 | Fast      |
| ## 26 | 26.7056101 | subj1       | item26 | Fast      |
| ## 28 | 38.3367957 | subj1       | item28 | Fast      |
| ## 30 | 21.5010941 | subj1       | item30 | Fast      |
| ## 32 | 17.7997123 | subj1       | item32 | Fast      |
| ## 34 | 48.2864751 | subj1       | item34 | Fast      |

# Looking at data

## Using the pipe %>% to combine functions

```
my_data %>%  
  first_do(args) %>%  
  then_do(args)
```

```
my_data %>%  
  subset(Condition=="Fast") %>%  
  head()
```

| ##    | VOT      | Participant | Item   | Condition |
|-------|----------|-------------|--------|-----------|
| ## 2  | 39.11875 | subj1       | item2  | Fast      |
| ## 4  | 30.46931 | subj1       | item4  | Fast      |
| ## 6  | 37.17107 | subj1       | item6  | Fast      |
| ## 8  | 46.98071 | subj1       | item8  | Fast      |
| ## 10 | 28.47370 | subj1       | item10 | Fast      |
| ## 12 | 38.35844 | subj1       | item12 | Fast      |

# Tidyverse: A word

“The tidyverse is an opinionated collection of R packages designed for data science. All packages share an underlying design philosophy, grammar, and data structures.” [www.tidyverse.org](http://www.tidyverse.org)

- Changed the game of R coding
- Much more intuitive syntax (IMHO); more “english-like”
- BUT not everyone likes it. Sometimes makes things easier, sometimes makes things more complicated.
- We’ll be using both
- Core packages of the tidyverse: ggplot2, dplyr, tidyr, readr, stringr...
- “The pipe is syntactic sugar” - [Hadley Wickham](#)



## Exercise 3

1. Ensure `simulated_vot_data.csv` is saved in your R Project folder
2. Add and run the following code to your R script:

```
# Load data ----  
vot <- read.csv("simulated_vot_data.csv")  
  
# Explore data ----  
head(vot)  
tail(vot)  
str(vot)  
names(vot)  
summary(vot)  
nrow(vot)  
View(vot)
```



Rmarkdown

Rma-

# Essential parts of any R Markdown document

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |               |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| <pre>--- title: "Untitled" author: "Thea Knowles" date: '2018-03-06' output: html_document ---</pre>                                                                                                                                                                                                                                                                                                                                                                                        | YAML Metadata |
| <pre>```{r setup, include=FALSE} knitr::opts_chunk\$set(echo = TRUE) ```</pre>                                                                                                                                                                                                                                                                                                                                                                                                              | Chunk options |
| <pre>## R Markdown  This is an R Markdown document. Markdown is a simple formatting syntax for authoring HTML, PDF, and MS Word documents. For more details on using R Markdown see &lt;<a href="http://rmarkdown.rstudio.com">http://rmarkdown.rstudio.com</a>&gt;.  When you click the <b>Knit</b> button a document will be generated that includes both content as well as the output of any embedded R code chunks within the document. You can embed an R code chunk like this:</pre> | Text          |
| <pre>```{r cars} summary(cars) ```</pre>                                                                                                                                                                                                                                                                                                                                                                                                                                                    | R code chunks |

# Essential parts of any R Markdown document

For today, we will only bother learning to edit text and code chunks.

We'll learn about editing the YAML and chunk options another day.

# R Markdown: Text in Markdown syntax

# Markdown

**Markdown:** set of conventions for editing plain text.

Write as you normally would in a text editor or word processor, but you signal text formatting with certain characters (next slide).

Markdown (which is distinguished from *markUP* language) is designed to be

- **easy to read**
- **easy to write**
- **easy to learn**

# Markdown syntax

## syntax

Plain text  
End a line with two spaces to start a new paragraph.  
*\*italics\** and *\_italics\_*  
**\*\*bold\*\*** and **\_\_bold\_\_**  
superscript<sup>^2^</sup>  
~~~~strikethrough~~~~  
[\[link\] \(www.rstudio.com\)](#)

# Header 1

## Header 2

### Header 3

#### Header 4

##### Header 5

##### Header 6

endash: --  
emdash: ---  
ellipsis: ...  
inline equation:  $A = \pi * r^2$   
image:   
  
horizontal rule (or slide break):  
  
\*\*\*

## becomes

Plain text  
End a line with two spaces to start a new paragraph.  
*italics* and *italics*  
**bold** and **bold**  
superscript<sup>2</sup>  
~~strikethrough~~  
[link](#)

## Header 1

## Header 2

### Header 3

#### Header 4

#### Header 5

#### Header 6

endash: –  
emdash: —  
ellipsis: ...  
inline equation:  $A = \pi * r^2$



horizontal rule (or slide break):

# Markdown syntax

Tables written like this:

| First Header | Second Header |
|--------------|---------------|
| Content Cell | Content Cell  |
| Content Cell | Content Cell  |

- See [Tables Generator website](#)
- *See `remedy` and `beautifyR` R packages/RStudio addins for dealing with markdown tables*
- Data frames can be turned into tables without manual modification
  - *See `kable` and `flextable` R packages*

R Markdown: R code in code  
chunks



# Code chunks

- [Chunks](#) are sections that will include R code. By setting defaults at the beginning of your document, you can specify what you want most of your chunks to do.
- In each chunk, you can specify options in the form `tag=value` in the chunk header.
  - Example: `echo=TRUE`: code will print verbatim in the output.
  - **For now, don't worry about editing the header!**
- Within a chunk: regular R code!

```
` `` {r chunk-name echo=TRUE}  
x <- 5  
` ``
```

# Code chunks

Insert a new R chunk by

- Typing `Alt + Cmd/Ctrl + i` OR
- Clicking `Code >> Insert Chunk` from the R Studio menu

# Inline R code

You can include R code as *inline R code*, embedded in to the text.

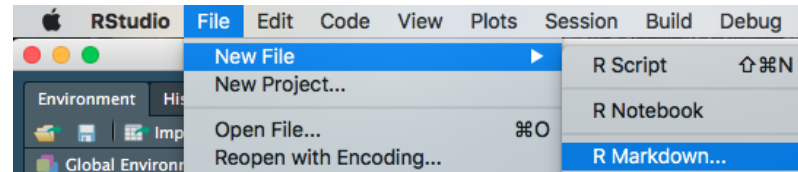
```
The mean VOT is `r mean(vot$VOT)`
```

The value of `mean(vot$VOT)` will print in the output.

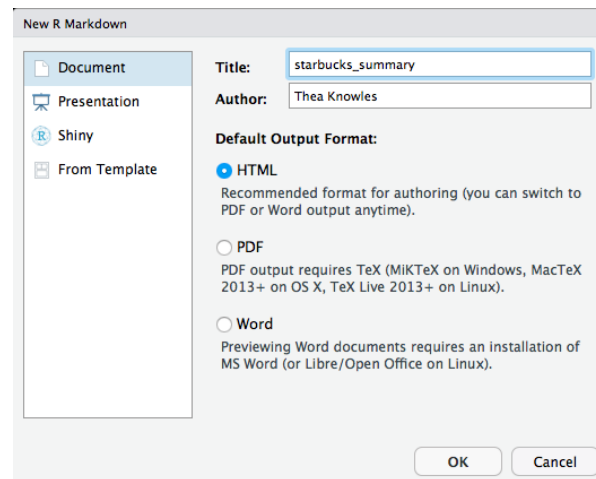


## Exercise 4

Make a new R Markdown document!



Title it something useful

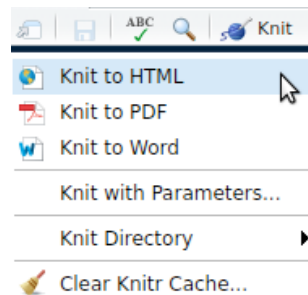


Save it in your project folder (01\_c4s\_rmd.Rmd)



## Exercise 5

1. Delete everything after Line 12.
2. Add a new header
3. Add some plain text
4. Add some **bold** text
5. Add a code chunk that includes `1x <- 5` and `x``
6. Compile! ("Knit"): Cmd/Ctrl + K or with Knit button





## Exercise 6

- Copy the code from your `helper.R` script to your R Markdown document.
- Compile again!
- Let's diagnose our errors!

**Note:** It is also possible to `source` an R script into an R Markdown document. This is much more helpful for manuscript writing... more on this another day!

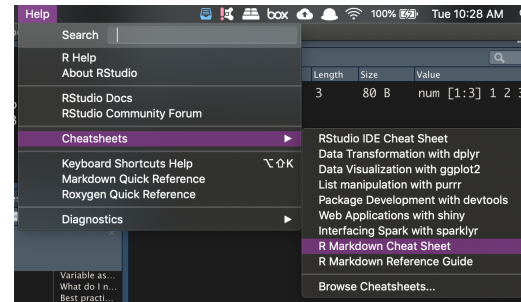
# Getting unstuck

## Googling errors as art form

- Google your errors!
- Google “how to use XX package in r”
- Search Twitter (#rstats)

## Read the documentation

- Type `??function` in the console
- Google the package name online
- R Studio cheat sheets



# Schedule for the rest of the term

| Date | Time | Location      | Topic                        |
|------|------|---------------|------------------------------|
| 2/25 | 4pm  | Cary Hall 42  | Intro to group + RStudio     |
| 3/10 | 4pm  | Cary Hall 135 | Intro to R + R Markdown      |
| 3/24 | 4pm  | Cary Hall 135 | Cleaning + manipulating data |
| 4/7  | 4pm  | Cary Hall 135 | Data visualizations          |
| 4/21 | 4pm  | Cary Hall 135 | Praat?                       |
| 5/5  | 4pm  | Cary Hall 135 | Praat?                       |



# Resources: Intro to R

- [RStudio's recommended beginner R links](#): Lots of tutorials, suggestions, and cheat sheets!
- [R for Data Science](#): THE book on learning R.
- [Teacup Giraffes](#): Intro modules to statistics with R
- ["R you with me?"](#): A series of online learning resources for beginner R users designed by [R-Ladies Sydney](#)

# Resources: RMarkdown

- [Intro to RMarkdown: Video](#) (12 minutes)
- [RMarkdown: The definitive guide](#)
- [R for data science: R Markdown](#)
- [RMarkdown reference guide from RStudio](#)
- [RMarkdown Cheatsheet from RStudio](#)